

A word from our Chair

Welcome to August everyone! When I was growing up August was always a very busy time on the farm. We weren't an arable farm but a dairy farm and, at this time of year, we still had all the hay (dried grass) to make, bale up and bring into the barn. This was food for the cows through the winter. Everyone helped, that's why I've been driving since I was nine, at that age I was deemed old enough to drive the tractor and I loved it! Sunscreen wasn't heard of in those days, but I'd be as brown as a berry going back to school in September, it's a wonder I'm not a shrivelled prune now!

Did you know that 8th August is Courgette Day? No, me neither until I read about it, I guess there are a lot about now in our gardens and the shops. I do love courgettes as a vegetable, but I thought what else could I do with them? I found lots of recipes but one in particular caught my eye, a recipe for a Courgette Bread; it looks very nice so I'm going to try it, if you would like to try it too you can find the recipe below. Please let me know how it went, we can compare results next month.

I've been asked to explain who the "Golden Girls" are that I referred to at our AFM in May. They are our past Federation Chairs: Vera Carter, Maureen Ashby, Linda Davey, Joan Cretney, Jacky Toplis, Ann-Marie Morley, Jane Jefferson, Pam Stoddart and Helen Rose. After their term of Office as Chair, they are honoured by becoming "Golden Girls" in thanks for their service to the Federation. They are presented with a name badge with a golden edging, some of you may remember me presenting Helen Rose with hers at the Burns' Lunch.

If you need to contact me, I'm available email: chair@nottswi.org.uk mobile: 07804477635.

Take care, Helen Ainley.

Courgette Loaf

Ingredients

- 3 Eggs
- 2 cups sugar
- 1 cup vegetable oil
- 2 cups coarsely grated courgette
- 1 tbsp vanilla essence
- 3 cups SR flour
- 1 tsp salt
- 1 tsp baking powder
- 1 tsp bicarb of soda
- 1 tsp cinnamon
- 1 cup coarsely chopped walnuts

Method

1. Preheat oven 180c, line & grease 2 x small loaf tins.
2. Beat eggs & sugar well, add oil, courgette & vanilla extract, mix lightly until combined.
3. Add the rest of the ingredients and gently mix well until combined.
4. Divide between tins, bake for 1hr+ until skewer comes out clean.



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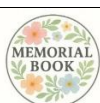
www.instagram.com/nottinghamshirewi

Sport & Leisure Team (chair: Beryl Northcote)

How would you like to join the Sports and Leisure Team? We are looking for other members to join the team or help with putting on events during the year. If you are interested, please contact Sue in the Office on secretary@nottswi.org.uk

Croquet Second Session: A good night was had by all. Our winner in the second croquet session was Julia from East Bridgford WI. Remarkably, Julia had never played croquet before, making her victory an even greater achievement. Congratulation Julia on a fantastic performance and well-deserved win.

Summer Bingo: This was a great evening, although it was very warm, we had a wonderful time playing Bingo and we're looking forward to our next Bingo evening (9th October) where we'll be serving delicious cottage pie (please bring your own drinks).



Friends forever remembered and truly missed:

Betty Cox, Woodborough WI; Glenda Brown, Epperstone WI; Denise Graham, East Leake WI.




Contact details for Federation

Just incase you haven't got our contact details we are still available by phone: 07955 771784 or 07804 477635 and email: secretary@nottswi.org.uk or chair@nottswi.org.uk

COMING SOON!

Another way to contact us: a virtual Coffee & Chat, via zoom which will be once a month initially as a trial period. Look out for more details coming soon!

theWI Nottinghamshire

Would your WI be interested in having a Sisterhood Subgroup?

If you would like to explore more about this please contact Helen Ainley email: chair@nottswi.org.uk or mob: 07804 477635



There is an information meeting online on 8th October at 7pm, please see the link on "Activities for Members".

Creative Activities Team (Chair: Bev Stuart bevstuart@nottswi.org.uk)

Hurrah!! Summer is here and what a good one it is, with long warm evenings it's ideal for sitting in the garden reading or having a friend around for a glass of wine. Whilst enjoying the summer the Creative Activities Team have still been meeting to arrange the ongoing programme of events for all our members, and we are looking forward to next year when the Nottinghamshire Federation celebrates 110 years. Look out for our Christmas craft workshop in October, the flyer is out now, it's an all-day workshop taster for card making, bead work, Dorset buttons and felt novelties with a Christmas theme. Details of the Bromley Library Nottingham visit are now with your WI secretary. The ever-popular Murder Mystery at Southwell Library and the Christmas Celebration event details will be out soon. Please book early as these events are very popular, and don't forget to have a lovely summer.

Activities for WI members

Date	Activity	Time	Venue	Price	code	Closing date
10 Sept	Long Alley Skittles	7pm	Royal Oak, East Bridgford	£12	SL012	26 August
12 Sept	Watercolour Workshop	10 -1pm	Carlton Parish Centre	£20	CA006	26 August
9 Sept	WIST Coffee & Chat	10-12	Maxey's Farm Shop, Kirklington	FREE		
19 Sept	Archery (NB. time change)	2.30pm	Southwell NG25 0RR	£15	SL005	26 August
various	Darts League			£7	SL004	26 August
22 Sept	Printworks visit	10.30am	Linney's Printworks	FREE	Booking necessary	
24 Sept	Rummikub	7pm	Lowdham WI Hall	£8	SL002	4 Sept
29 Sept	Running Your Annual Mtng	10am - 1.30pm	With light lunch	£10	WS004	14 Sept
3 Oct	Christmas Craft Workshop	9.30 -3.30	Oxton Village Hall. Choose 2 craft workshops. Bring lunch	£25	CA016	2 Sept
8 Oct	Sisterhood Groups info meeting on Teams.	7.00 - 7.30pm	https://teams.microsoft.com/meet/346176839311549?p=4UdGBFALjzRJTVrsYc Meeting ID: 346 176 839 311 549 Passcode: kh6JS9K3			
9 Oct	Bingo & cottage pie supper	7pm	Lowdham Village Hall NG14 7BD	£12	SL001	1 Oct
14 Oct	Fashion Show & lunch	midday	Vision Northwest, Mansfield	£25	BT007	21 Sept
19 Oct	Coffee & Chat	10-12	Aurora, Worksop	FREE		
15 Nov	Bromley House Library	1pm	Nottingham	£15	CA003	15 Oct
27 Nov	Christmas Afternoon Tea & music from Jon Alex	1pm – 3.30	Hostess Restaurant, Sookholme Mansfield NG19 8LL	£25	BT026	12 Nov
12 Dec	Christmas Celebration	2pm	Carlton in Lindrick church	£10	CA008	Not yet open

GENERAL EVENT BOOKING FORM

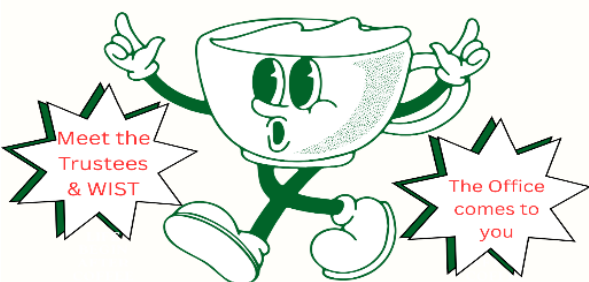
to book any event (by email to secretary@nottswi.org.uk or call 07955 771 784)

WI: _____ Number of tickets: _____ Date of event: _____ code: _____

Event name: _____

Payment by bacs/cheque (delete as necessary) sent on: _____

To pay send cheques to: Notts Federation of WIs, PO Box 11460, Newark, NG24 9TY or pay by bank transfer to: Notts Fed WI Read Charity, Sort Code: 05 06 22 Account: 50342581

Coffee & Chat  Meet the Trustees & WIST The Office comes to you 9th September 2026, 10-12 noon Maxey's Farm Shop, Hockerton Road, Notts, NG22 8PB & 19th October 2026 10-12 noon Aurora, The Old Library Building, Memorial Avenue, Worksop, S80 2BP	SAVE THE DATE  On a theme of 'women supporting women' 27 FEBRUARY 2027 ANNUAL FEDERATION MEETING John Fretwell Centre Sookholme Road Mansfield, NG19 8LL Full Day • Details to follow
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Visit review: Veolia



Kimberley WI and friends from Jacksdale WI visited the Veolia materials recovery facility this week and it was a really interesting and informative visit which I would recommend to other WIs. Visits are free but only for those who live in the Nottinghamshire County Council area. Available Monday to Friday 0930-1200 or 1230-1500. Here they are, kitted out and ready to go!

Contact details: Veolia, Mansfield Materials Recovery Facility, Warren Way, Crown Farm Industrial Park, Forest Town, Mansfield, NG19 0FL Tel: +44 (0)203 567 4370 nottsenquiries@veolia.co.uk

Spotlight on Epperstone WI



We recently held an open event in support of our "Bystanders can be Lifesavers" resolution. 30 WI members along with other people from our village attended a CPR and first aid session raising £135 for the British Heart Foundation. From Suzanne, Epperstone WI President.



From the Office: Event enclosures this month:

1. Christmas Afternoon Tea 2. Autumn Bingo & supper 3. Bromley House Library visit These are also available on the website under "County Office Downloads", and on Notts WI SharePoint under "Events & Application Forms".

WI Support Team (chair: Helen Ainley, helenainley@nottswi.org.uk)

This month I would like to remind you all about ICE Details (in case of emergency details). It is good practice to request your members' emergency contact details so you can record them and have them to hand just in case anything should happen to the member at a meeting or when out on a WI trip/event. This is optional and a member might not want these details held by the WI, but if a member is happy to give details, they must be held securely but easily accessible if an emergency happens. This will not compromise GDPR as the member is giving you the details and you are keeping them for a "Legitimate Interest", to facilitate contact, should it be needed. I sincerely hope these details are never needed but it's best to be prepared. On a totally different subject, I've been asked how individual WIs can work on past Campaigns and Resolutions, once they are adopted. By logging into MyWI you will be able to find a wealth of information to help you under the Public Affairs and Campaigns tab at the head of the page. You will be able to see what other WIs have done and perhaps adapt these ideas for your own WI. There are also resources and materials you could use. As always, you can contact me via email: chair@nottswi.org.uk and mobile: 07804477635.

From the Treasurer (Helen Rose, treasurer@nottswi.org.uk)



DEAR TREASURERS AND MEMBERS

A big "thank you" to you all for paying your subs and passing it on so promptly. Like you, it helps us to know how much is in the kitty, as we are trying to keep our basic expenditure within what is actually in the kitty.

The money from the sale of Trent Bridge House is now invested in one-year bonds, which should give a good return. As I tried to explain at the Annual Meeting there are points along the way where we have to reflect and take stock and consider the next step forward, with the guiding mantra of what is best for the future of our Federation and its members. Next spring will be one of these points

I am very grateful to those WIs who have replied to the "ASAP" request, where you have given a candid shot of your WI. They make interesting and heartening reading as you give not only to your members but to your community as well. If you have not replied yet, please do.

One recurring theme though, is the difficulty of getting committee members. I remember once attending an Annual Meeting as a WI Adviser, and everyone, except 2 people, were on the committee. I thought, 'Why isn't everyone on the committee?' Perhaps then, forget committee meetings and have open coffee/happy hour get together to sort out what you are going to do. I must admit at the Coffee and Chat sessions the trustees usually get a bit of business done. It's your WI, are you doing your little bit? Everyone could have that little bit to do.

Federation Flutter: Congratulation to our July winner, Melanie Nussey with lucky number 5

It's not too late to join, for £15 you can join to be included in the August and September draws and the Bonus draws in October, please contact the office.