



## County Office

We are open to members Mon, Tues and Wed. 9.00am – 3.00pm

When emailing [admin@nottswi.org.uk](mailto:admin@nottswi.org.uk) to book an event, please do remember the office opening times. There may only be one member of staff working in the office at a time. **Closing Date reminders:** Subscriptions: 25<sup>th</sup> June. Bulb Scheme: 21<sup>st</sup> June. Freedom Poem: 30<sup>th</sup> June. Lady Denman Competition: 31<sup>st</sup>

July. WI Diary: 31<sup>st</sup> July. Please note: If you have not renewed your WI Insurance you will not be covered, the closing date was 1<sup>st</sup> May! **Enclosures are sent to Secretaries by Office 365 email, if you require help with access, please contact the office. This month:** 1. Information for June. 2. Hornblower reorder. 3. Events for July. 4. Sheila Norris Challenge. 5. Recycling near you. 6. WI Link Delegates



Check our Facebook page: Nottinghamshire WI or our website. <https://nottinghamshirethewi.org.uk> Instagram Nottinghamshire WI If your WI has something you would like to post let us know by getting in touch via social media or contact: [suzanneplamping@nottswi.org.uk](mailto:suzanneplamping@nottswi.org.uk)

## Federation News

This month delegates will have attended the virtual National Annual Meeting and will report back to WIs. We are pleased to announce, that at the Trustees meeting, Susan Spanswick (Abbey Gates & Ravenshead WIs) was co-opted. Elaine Pinnick (Forest Town WI) has very sadly resigned. All good things come to an end and so unfortunately do our free zoom events. Zoom events will cost £5 a ticket from 1<sup>st</sup> July. The classes and clubs are to remain on Zoom with no charge for the Craft & Chat and Book Club. However, the Chair Pilates will be £5 a month. You may pay by BACS, cheque or call into the office with cash. We will continue organising Zoom events, just not so many as hopefully your WIs will be meeting from now on. The Committees are busy looking at events for you from July onwards - 'Real' and Zoom. August will be quiet to give the staff a chance to have a holiday!



## Dr Helen Rose Federation Chair

Hello everyone. I love singing. I'm not great and might get a few wrong notes, but I still love it. During the early part of lockdown, I joined Gareth Malone every night – a lot of pressure for him- and recently I have joined the weekly Planet Choir. There were a hundred of us on Zoom the other evening from all over the Planet and this is what we sang: *When you believe/You can reach the highest star/Cause nothing is impossible to achieve/When you believe.*

We are the WI and nothing is impossible. We can find ways to physically meet – the Trustees are coming to a park near you soon. We can refill the Federation coffers – Invite your WI friends for tea and cake and ask them to be kind and make a donation towards the Federation funds. We can continue to learn both face-to-face and via Zoom – Look out for our programme of events and come and join us. But, like us, remember that when we start to meet indoors members will at first be hesitant for as a song by Queen says: *But I have to be sure/ When I walk out that door/Oh, how I want to be free.*

We are the WI and are raring to go but let's do it safely. Risk assessment guidelines are available from the office. Take care and remember nothing is impossible. Helen

## June events

We hope you have already booked to hear about 'Banksy' the artist and his work on

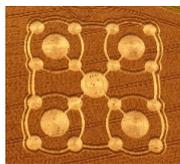


**Tuesday 1<sup>st</sup> June @ 7.00pm** with Steve Hancock.



Fulfilling two of our themes of 'Women in...' and 'Nottinghamshire' on **Wednesday 2<sup>nd</sup> June @ 7.00pm** is a talk 'Women writers in Nottinghamshire' with Felicity Whittle. With Ocean day being on the same day as the National AGM we have

arranged a talk from the **Canal & River Trust** the, following day on **Wednesday 9<sup>th</sup> June @ 7.00pm**. Andrew Stone will tell us about the canals & rivers in Nottinghamshire.



Have you ever wondered about crop circles and how they seem to just appear? On **Tuesday 15<sup>th</sup> June @ 7.00pm** Andy Thomas will tell us all about 'Crop Circles'. **Our last zoom event before we come out of lockdown is 'Meet with the Trustees' on Wednesday 16<sup>th</sup> June @ 7.00pm.** Please join us

and meet our new Chair Dr Helen Rose and welcome the new Trustees

## A CREATIVE ACTIVITIES' CHALLENGE

**FREEDOM It's coming. It's not here yet, but it's coming....**



We are challenging you to write a poem about freedom. It can rhyme or be free verse. Freedom comes in many different guises – getting a job done, a breath of fresh air, going for a walk, being by the sea, an escape to somewhere else. So, share, in a poem, your thoughts on freedom. Post to County Office or email [admin@nottswi.org.uk](mailto:admin@nottswi.org.uk) Closing date 30<sup>th</sup> June 2021

## ELDERFLOWER CORDIAL

- 24 Elderberry Flower heads
- 900g caster sugar: 1.5L boiling water:
- 2 lemons (juice & zest)
- 50g citric acid powder



Combine the elderflower heads, sugar, lemon juice, zest & citric acid in a large acid proof container. Pour the water over the ingredients and leave it for 24 hours, stirring occasionally. Strain by pouring it through muslin into a large bowl. Ladle into sterilized bottles. Label & store in fridge.

Your committee has been sent detailed information about completing a Risk Assessment prior to holding a WI meeting. However, as a member you need to do your bit. Before attending a get-together, ask yourself if you are feeling OK and Covid free; had the two jabs; and not been in recent contact with anyone with Covid? This will enable us to resume our WI life safely.

This year's resolution is close to my heart as my mother died of ovarian cancer. A good year before she died, she complained about losing weight quickly. Lucky her, I thought, but possibly not as it was most probably the first silent sign. Even if the resolution is not passed it would be worth our while to learn the silent signs and spread the word when we can. Remember this year you do not have to have voted in May but can wait until after the National AM in June, when there may be more information, before you vote. Your WI then must contact your **Link delegate** with your vote. Delegates then must register votes with NFWI by 9<sup>th</sup> July. Next month this column will be coming to you from the new **WI Support Team Chair, Susan Spanswick**. My best wishes Susan. **Kind regards Helen**



Would you like to help shape your WI and the Nottinghamshire Federation for the future? There are lots of opportunities and the **Communication Team is looking** for members to get involved in small projects or join the committee and to help at events. Would you like to join

a **Digital Team** to help other members learn key IT skills? Members of the Digital Team are willing to share their expertise with other WI members by teaching and offering support. Do you have a passion for a particular WI Campaign and would you enjoy being actively involved? Would you like to support members in developing a resolution to be sent to the National Federation of WIs (NFWI)?

**CONTACT: (suzanneplamping@nottswi.org.uk)**

## 'Come and picnic With us'

We would love for you, your friends & family to come along, bring a picnic and enjoy meeting up with other WI members on

**Sunday 25<sup>th</sup> July 11am – 2pm**

We have two venues on the same day for you to choose from.

Meet with us at **Wollaton Park, or the Idle**



**Valley Nature Reserve, Retford.**

It would be great to see you there



## The Sheila Norris Rose Bowl Challenge

this time is a menu – a celebrating menu. Get together and decide what you would have for a 3 or 4 course celebration meal and let us know. We might be able to use your menu ideas at one of the Federation meals.



## FUN & FUNDRAISING

**Come and join us for an afternoon of FREE Cake**

**FUN** – Wear a hat and join in the fun bottle give-aways, quizzes and more



**FUNDRAISING** – with our super-duper raffle

**14<sup>th</sup> JULY @ Ravenshead Village Hall with outdoor area and parking from 2.00 p.m.**

**BOOK YOUR FREE TICKET NOW** – entry only with ticket.

Donations, towards cost of refreshments, on the day greatly appreciated

**RESOLUTIONS** 'A call to increase awareness of the subtle signs of ovarian cancer' is being debated at the National AM on June 8<sup>th</sup>. Your WI Delegate will inform you of the debate. Your WI vote needs to be sent to your Link delegate by the end of June so that she can vote digitally before 9<sup>th</sup> July deadline.

## Around the County

**Lambley WI** members have yet again been busy with decorating their Bus Shelter in the village. This time for VE Day. What a wonderful job they made!



**Workshop Wonders WI** joined in the 'Miles for May' walking challenge set by the Federation for WIs. Here is a great photograph - I think you can guess where they went for their walk!



**Burton Joyce & Bulcote WI** Walking group have joined the challenge. Five of them walked to Gunthorpe & back following the River Trent and achieved 35 miles

## July Zoom events

Come and hear about 'Japanese Gardens' a personal impression of the gardens of Japan covering their history, the main elements and a selection of gardens on Honshu and Shikoku islands, speaker Andrew Young on **Thursday 15<sup>th</sup> July @ 7.00pm.**



The Communications Team will be helping you with '**Social Media Hints & Tips**' on. **Thursday 22<sup>nd</sup> July @ 7.00pm.**

**Tickets are £5. Payments Via Eventbrite, BACS, cheque or cash to the Office please.**

## Craft & Chat

Tuesday 8<sup>th</sup> June @ 10am  
Tuesday 22<sup>nd</sup> June @ 10am



Thursday 17<sup>th</sup> June @ 2pm

*Chair Pilates*

Tuesday 1<sup>st</sup> June @ 2pm  
Tuesday 15<sup>th</sup> June @ 2pm